



SANDHILLS SANDSHARKS

SWIM LESSONS & CLUB

www.sandshark.org * 910-692-5777

Swim Camp

Dates

Aug.31st

Sept.1

Sept.6

Sept.7

Sept.8

Sept.9

Sept.12

Sept.13

3:30-4:15 (ages 8&unders swim)

4:30-5:30(ages12&up swim)

5:30-6:15 (ages 12&up Dryland)

5:00-5:30 (ages 9-11 Dryland)

5:30-6:30 (ages 9-11 Swim)

**Note: swimmers
participating dryland
need to have sneakers
& shorts to run in.**

**PLACE
O'NEAL SCHOOL
POOL**

**For more
Info. 910.692.5777
Or go to web site
www.sandshark.org**



We would like to invite anyone interested in joining the Sandhills Sandsharks to come try our Swim Camp. This has been an exciting summer with some really talented young swimmers joining our summer league and lessons. We want to give everyone a chance to be on our team and become part of the Sandhills Sandshark family.

The Sandsharks have 7 different levels of teaching and training. These range from swim lessons all the way through National level competition. Each child receives first class coaching no matter what level your child is ready for.

We are looking forward to welcoming new faces to our team!

Swim Camp
Cost \$20 register online
All MCSL Swimmers are invited