



# LIFEGUARD TRAINING with the SANDHILLS



## **TRAINING DATES**

April 12,13,14,15 5:30-8:30  
April 17 TEST AT 10AM!

O'Neal School POOL  
Bring Swimsuit and goggles!

### Requirements:

1. Must be 15 years of age
2. Must be able to swim 500 yd. continuous swimming.
3. Must attend all classes; miss 1 you do not pass.
4. No refund if you fail or miss class.
5. JR lifeguards age 13

For more information: [www.sandshark.org](http://www.sandshark.org) or [swimschool@sandshark.org](mailto:swimschool@sandshark.org) or 910-6925777

### **FEES:**

<input type="checkbox"/> Lifeguard course	\$165
<input type="checkbox"/> recert:	\$45
<input type="checkbox"/> Jr. Lifeguard	\$45

MAKE checks payable to  
SSS

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE : \_\_\_\_\_

EMAIL: \_\_\_\_\_

DOB: \_\_\_\_\_

**MUST HAVE FORMS  
RETURNED BY APRIL 5!!!**