



**2011 REINDEER MEET**  
**HOSTED BY THE RALEIGH SWIMMING ASSOCIATION**  
**December 2-4, 2011**

- Sanction:** Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction # NC11153
- Meet Sponsor:** Raleigh Swimming Association
- Location:** Triangle Aquatic Center  
275 Convention Dr.  
Cary, NC 27511  
919-459-4045
- Date:** December 2-4, 2011
- Times:** **Senior Sessions:**  
Friday Timed Finals Session - Warm-ups: 3:30 PM, Start: 4:30 PM  
Saturday and Sunday Prelim Sessions - Warm-up: 7:00 AM, Start: 8:00 AM  
Saturday and Sunday Finals Sessions - Warm-up: 5:00 PM, Start: 6:00 PM  
Warm-ups for the evening finals sessions not before 5:00 PM, start not before 6:00 PM.
- Age Group Sessions (all sessions are Timed Finals):**  
13-18 Saturday and Sunday Sessions - Warm-up: 7:00 AM, Start: 8:00 AM  
12&Under Saturday and Sunday Sessions - Warm-ups: 12:00PM, Start 1:00PM  
Warm-ups for the afternoon sessions not before noon, start not before 1:00 PM.
- Once the timeline has been established, teams will be notified of the final afternoon session schedule.
- Warm-ups:** Warm-up assignments will be determined after the entries have been received and will be included in the coaches' packets.
- Classification:** Invitational: Teams interested in acquiring an invitation to this meet please E-mail Kit Raulerson at [kit.raulerson@swimrsa.org](mailto:kit.raulerson@swimrsa.org).
- This event will be conducted as two separate, concurrent sessions, Senior and Age Group, held in separate competition courses with eligibility as outlined below (see Eligibility section).  
**Senior A+ Sessions** - Friday timed finals session and Saturday and Sunday prelim/finals sessions  
**Age Group Open Sessions** - Saturday and Sunday afternoon timed finals sessions
- Rules:** **General:**  
The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated. Use of audio or visual recording devices, including a cell

phone, is not permitted in changing areas, rest rooms or locker rooms.

The North Carolina Scratch Rule will be in effect for this meet. For example:

204.3. INDIVIDUAL SCRATCH RULE - Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

204.3.2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet information states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 yards or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet information.

204.3.4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:

- A The Referee is notified in the event of illness or injury and accepts the proof thereof.
- B The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
- C It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**Senior Session Finals:**

There will be five separate Finals heats for athletes on Saturday and Sunday evening with five heats of women and five heats of men qualifying for each Finals event. Finals will be swum in the following order:

- A Final - fastest 8 athletes regardless of age
- B Final - fastest 8 remaining 13 year-olds
- C Final - fastest 8 remaining 14 year-olds
- D Final - fastest 8 remaining 15 year-olds
- E Final - fastest 8 remaining 16&over and 12&under athletes

Positive check-in is required for the top 40 swimmers to declare intent to compete in Sunday Finals.

12&unders who compete in the senior sessions will only be eligible for the A and E Finals.

**Age Group Sessions:**

The 12&Under 200 yard events in the Age Group Sessions all have a 3:30 time standard. A 12& Under swimmer must have a time of 3:30 or better in each 200 event entered to be eligible.

All Age Group event results will be tabulated for individual age groups (8 & Under, 9-10, 11-12, 13-14, and 15-18).

**Distance Events:**

All events 400 yards and longer will be deck seeded. Positive check-in for those events will be required and will close 30 minutes after the start of warm-ups for that session. Swimmers who do not check in by the deadline will be scratched and not seeded in the event.

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**Senior Meet Order of Events – Friday and Saturday**

Friday Evening Senior Session – Timed Finals                      Warm-ups: 3:30 PM / Start: 4:30 PM

Women	Event	Men
1	Senior 800 FREE RELAY	2
3	Senior 200Y FLY	4
5	Senior 50 FREE	6
7	Senior 200Y BREAST	8
9	Senior 50Y BACK	10
11	Senior 100Y IM	12
13	Senior 200Y FREE RELAY	14
	10 Minute Break	
15	Senior 500Y FREE*	16

Saturday AM Senior Session – Prelims                                      Warm-ups: 7:00 AM / Start: 8:00 AM

Women	Event	Men
17	Senior 200Y FREE	18
19	Senior 50Y FLY	20
21	Senior 100Y BACK	22
23	Senior 100Y BREAST	24
25	Senior 200Y MEDLEY RELAY	26
27	Senior 400Y IM*	28

Saturday Evening Senior Session – Finals                                      Warm-ups: 5:00 PM / Start: 6:00 PM

Women	Event	Men
17	Senior 14 & Under 200Y FREE	18
17	Senior 15 & Over 200Y FREE	18
19	Senior 14 & Under 50Y FLY	20
19	Senior 15 & Over 50Y FLY	20
21	Senior 14 & Under 100Y BACK	22
21	Senior 15 & Over 100Y BACK	22
23	Senior 14 & Under 100Y BREAST	24
23	Senior 15 & Over 100Y BREAST	24
25	Senior 200Y MEDLEY RELAY	26
27	Senior 14 & Under 400Y IM*	28
27	Senior 15 & Over 400Y IM*	28

**2011 RSA Reindeer Meet**  
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**Senior Meet Order of Events - Sunday**

Sunday AM Senior Session – Prelims

Warm-ups: 7:00 AM / Start: 8:00 AM

Women	Event	Men
29	Senior 50Y BREAST	30
31	Senior 200Y BACK	32
33	Senior 100Y FREE	34
35	Senior 200Y IM	36
37	Senior 100Y FLY	38
39	Senior 400Y MEDLEY RELAY	40
	10 Minute Break	
41	Senior 1000Y FREE	42
43	Senior 1650Y FREE	44

Sunday Evening Senior Session – Finals

Warm-ups: 5:00 PM / Start: 6:00 PM

Women	Event	Men
29	Senior 14 & Under 50Y BREAST	30
29	Senior 15 & Over 50Y BREAST	30
31	Senior 14 & Under 200Y BACK	32
31	Senior 15 & Over 200Y BACK	32
33	Senior 14 & Under 100Y FREE	34
33	Senior 15 & Over 100Y FREE	34
35	Senior 14 & Under 200Y IM	36
35	Senior 15 & Over 200Y IM	36
37	Senior 14 & Under 100Y FLY	38
37	Senior 15 & Over 100Y FLY	38
39	Senior 400Y MEDLEY RELAY	40

**2011 RSA Reindeer Meet**  
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**Age Group Meet Order of Events**

Saturday AM Age Group Session – Timed Finals

Warm-ups: 7:00 AM / Start: 8:00 AM

<b>Women</b>	<b>Event</b>	<b>Men</b>
101	13 & Over 200Y FLY	102
103	13 & Over 50Y BACK	104
105	13 & Over 100Y BREAST	106
107	13 & Over 100Y FREE	108
109	13 & Over 50Y FLY	110
111	13 & Over 200Y BACK	112
113	13 & Over 200Y IM	114
115	13 & Over 200Y FREE RELAY	116

Saturday PM Age Group Session – Timed Finals

Warm-ups: 12:00PM / Start: 1:00 PM

<b>Women</b>	<b>Event</b>	<b>Men</b>
201	12&Under 200Y FLY	202
203	12 & Under 50Y BACK	204
205	12 & Under 100Y BREAST	206
207	12 & Under 100Y FREE	208
209	12 & Under 50Y FLY	210
211	12& Under 200Y BACK	212
213	12 & Under 200Y IM	214
215	12 & Under 200Y FREE RELAY	216

Sunday AM Age Group Session – Timed Finals

Warm-ups: 7:00 AM / Start: 8:00 AM

<b>Women</b>	<b>Event</b>	<b>Men</b>
117	13 & Over 50Y FREE	118
119	13 & Over 50Y BREAST	120
121	13 & Over 100Y IM	122
123	13 & Over 200Y FREE	124
125	13 & Over 100Y BACK	126
127	13 & Over 200Y BREAST	128
129	13 & Over 100Y FLY	130
131	13 & Over 200Y MEDLEY RELAY	132

Sunday PM Age Group Session – Timed Finals

Warm-ups: 12:00PM/ Start: 1:00PM

<b>Women</b>	<b>Event</b>	<b>Men</b>
217	12 & Under 50Y FREE	218
219	12 & Under 50Y BREAST	220
221	12 & Under 100Y IM	222
223	12 & Under 200Y FREE	224
225	12 & Under 100Y BACK	226
227	12& Under 200Y BREAST	228
229	12 & Under 100Y FLY	230
231	12 & Under 200Y MEDLEY RELAY	232