

MOORE COUNTY SWIM LEAGUE CHAMPIONSHIPS
Tuesday, July 19th 2011

- Location Elks Club, Southern Pines, NC
- Time Warm up 4:00
Start 4:30pm
- Workers Each team will supply 3 timers for assigned lane until the meet has ended
1st Warm up: 4-4:15 2^{nc} Warm-up: 4:15-4:30
Lane 1: Elks Lane 1: SSS
Lane 2: Elks Lane 2: SSS
Lane 3: CCNC Lane 3: 7Lakes
Lane 4: Rock Lane 4: 7Lakes/PPR
Lane 5: Rock Lane 5: PPR
- Scoring The top 16 swimmers will score points
Individual 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relays 40-36-32-30-28-26-24-22-19-14-12-10-8-6-4-2
- Awards Awards are given as follows:
Medals for First, Second, and Third place in individual events
Ribbons for fourth through eighth in individual events
Medals for First Place relay teams
Team awards are given to the top two teams
- Entry Swimmers may swim 2 individual events and 1 relay or 1 events and 2 Relays
- Entries Due Coaches may download entry information from the Sandshark website under the coaches section. Download the file to your computer before trying to import the meet information. All swimmers must have a time for each event. NT entries will not be allowed to swim. **Entries Must be in Hy-Tech format and emailed to Owen due Fri. July 15th by 12:00pm @ oherbert08@yahoo.com**
- Event order Same as league meet format
- Questions Taylor Cooper **only coaches may call**
Cell: 690-2870
Owen Herbert:
Cell: 638-4431

1	Women	Senior	200Free Medley Relay	41	Women	13-14	50 Breast
2	Men	Senior	200 Free Medley Relay	42	Men	13-14	50 Breast
3	Women	6 & U	25 Free Free	43	Women	10 & U	100 IM
4	Men	6 & U	25 Free Free	44	Men	10 & U	100 IM
5	Women	7-8	25 Free Free	45	Women	11-12	100 IM
6	Men	7-8	25 Free Free	46	Men	11-12	100 IM
7	Women	9-10	25 Free Free	47	Women	13-14	100 IM
8	Men	9-10	25 Free Free	48	Men	13-14	100 IM
9	Women	11-12	50 Free Free	49	Women	Senior	200 Free Relay
10	Men	11-12	50 Free Free	50	Men	Senior	200 Free Relay
11	Women	13-14	50 Free Free				
12	Men	13-14	50 Free Free				
13	Women	6 & U	25 Fly Fly				
14	Men	6 & U	25 Fly Fly				
15	Women	7-8	25 Fly Fly				
16	Men	7-8	25 Fly Fly				
17	Women	9-10	25 Fly Fly				
18	Men	9-10	25 Fly Fly				
19	Women	11-12	50 Fly Fly				
20	Men	11-12	50 Fly Fly				
21	Women	13-14	50 Fly Fly				
22	Men	13-14	50 Fly Fly				
23	Women	6 & U	25 Back Back				
24	Men	6 & U	25 Back Back				
25	Women	7-8	25 Back Back				
26	Men	7-8	25 Back Back				
27	Women	9-10	25 Back Back				
28	Men	9-10	25 Back Back				
29	Women	11-12	50 Back Back				
30	Men	11-12	50 Back Back				
31	Women	13-14	50 Back Back				
32	Men	13-14	50 Back Back				
33	Women	6 & U	25 Breast Breast				
34	Men	6 & U	25 Breast Breast				
35	Women	7-8	25 Breast Breast				
36	Men	7-8	25 Breast Breast				
37	Women	9-10	25 Breast Breast				
38	Men	9-10	25 Breast Breast				
39	Women	11-12	50 Breast Breast				
40	Men	11-12	50 Breast Breast				