

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010
Psych Sheet

Event 1 Women 200 Yard Medley Relay

State Record: 1:46.30 2006	Cardinal Gibbons
4A State Rec: 1:47.74 2006	Chapel Hill
All-Am. Auto: 1:49.01	All-Am. Cons: 1:50.85

Team	Relay	Seed Time
1	Cary	1:50.03
2	Hopewell	1:50.65
3	N Mecklenburg	1:51.57
4	Middle Creek	1:51.95
5	Enloe	1:52.02
6	Green Hope	1:52.41
7	Apex	1:52.57
8	S Mecklenburg	1:53.11
9	East Chapel Hill	1:53.15
10	Reynolds, R. J.	1:53.31
11	Leesville Road	1:53.70
12	New Hanover	1:53.90
13	Panther Creek	1:54.29
14	Providence	1:54.75
15	Grimsley	1:55.26
16	Pinecrest	1:55.31
17	Myers Park	1:56.52
18	Butler	1:57.23
19	NW Guilford	1:57.28
20	Reagan	1:57.52
21	Lake Norman	1:58.41
22	Davie County	1:58.98
23	Ardrey Kell	1:59.23
24	Riverside	1:59.94

Event 2 Men 200 Yard Medley Relay

State Record: 1:35.43 2009	Providence
4A State Rec: 1:35.43 2009	Providence
All-Am. Auto: 1:37.02	All-Am. Cons: 1:38.50

Team	Relay	Seed Time
1	Providence	1:37.41
2	Green Hope	1:37.70
3	Enloe	1:38.44
4	Sanderson	1:39.67
5	S Mecklenburg	1:39.75
6	N Mecklenburg	1:39.92
7	Grimsley	1:40.65
8	East Chapel Hill	1:41.03
9	Butler	1:41.19
10	Hoggard	1:42.05
11	Lake Norman	1:42.24
12	Mallard Creek	1:42.87
13	NW Guilford	1:43.67
14	Hopewell	1:43.90
15	West Forsyth	1:43.94
16	Millbrook	1:44.80
17	Leesville Road	1:44.85
18	Cary	1:45.20
19	Myers Park	1:45.33
20	North Durham	1:45.93
21	Rose, J. H.	1:46.42
22	Riverside	1:46.77
23	Ragsdale	1:47.36
24	Jordan	1:47.63

Event 3 Women 200 Yard Freestyle

State Record: 1:49.65 2009	Henriette Stenkvist(Pan Creek)
4A State Rec: 1:49.65 2009	Henriette Stenkvist(Pan Creek)
All-Am. Auto: 1:51.28	All-Am. Cons: 1:52.99

Name	Yr	School	Seed Time
1	Henry, Sarah	SR West Johnston	1:49.79
2	Mitchell, Victoria	JR Cary	1:51.91
3	Gordy, Lillian	JR Reagan	1:52.80
4	Marinshaw, Dania	SR East Chapel Hill	1:54.15
5	Houchin, Abby	SR Enloe	1:55.08
6	Connors, Kristin	SO Panther Creek	1:55.86
7	Moore, Kelsey	FR Broughton	1:55.89
8	Vance, Abby	SR Leesville Road	1:56.17
9	Isetts, Heather	SO Lake Norman	1:56.50
10	Carlisle, Caroline	JR Middle Creek	1:57.22
11	Henry, Sarah	FR Apex	1:57.97
12	Frith, Ashley	JR Myers Park	1:58.01
13	Evans, Olivia	JR Butler	1:58.02
14	Tronolone, Nicole	SO Sanford, Terry	1:58.08
15	Sanborn, Molly	SO N Mecklenburg	1:58.73
16	Holbrook, Morgan	FR Lake Norman	1:58.82
17	Bullock, Anna Blair	JR Reynolds, R. J.	1:58.90
18	VanTassell, Paige	SR Myers Park	1:59.49
19	Weaver, Haley	JR S Mecklenburg	2:00.71
20	York, Michelle	JR East Chapel Hill	2:01.37
21	Pierpont, Jordan	JR Ardrey Kell	2:01.54
22	Wynn, Clara	SR Grimsley	2:04.68
23	Benson, Palmer	SO Davie County	2:05.04
24	Lattarulo, Julia	FR Pinecrest	2:10.56

Event 4 Men 200 Yard Freestyle

State Record: 1:37.95 2006	Charlie Houchin (Enloe)
4A State Rec: 1:37.95 2006	Charlie Houchin (Enloe)
All-Am. Auto: 1:41.46	All-Am. Cons: 1:42.97

Name	Yr	School	Seed Time
1	Boston, Brett	SR Butler	1:41.81
2	Stilley, John	SR N Mecklenburg	1:42.35
3	Taylor, Matt	SR Sanderson	1:44.34
4	Ramsay, George	SR Enloe	1:44.58
5	Hill, Tyler	JR Lake Norman	1:44.69
6	Williams, David	JR East Chapel Hill	1:46.47
7	Brogden, Harrison	JR W Guilford	1:47.37
8	Gurel, Deniz	SR Cary	1:47.42
9	Love, Dillon	JR Mallard Creek	1:47.46
10	Manchester, Jack	FR N Mecklenburg	1:47.75
11	Miller, Ben	SO Middle Creek	1:47.81
12	Healy, Tommy	JR Reynolds, R. J.	1:47.85
13	Crowder, Macon	SO East Wake	1:48.43
14	Hurley, Matthew	SO Leesville Road	1:48.48
15	Blinn, Michael	JR Lake Norman	1:48.58
16	Coetzer, Stephen	JR Laney	1:48.60
17	Hudgins, Heath	SR East Chapel Hill	1:48.86
18	Berens, Tim	SR S Mecklenburg	1:49.10
19	Labonge, Alex	JR Grimsley	1:49.13
20	Newland, Matthew	JR Cary	1:49.25
21	Webster, Garrett	JR Providence	1:50.97
22	Howes, Max	FR East Chapel Hill	1:51.85
23	Creidler, Nick	SR North Durham	1:52.01
24	Adams, Taylor	SR East Forsyth	1:53.24

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010

Psych Sheet

Event 5 Women 200 Yard IM

State Record:	2:00.58	2008	Kirsten Smith (Athens Drive)
4A State Rec:	2:00.58	2008	Kirsten Smith (Athens Drive)
All-Am. Auto:	2:05.37		All-Am. Cons: 2:07.60

Name	Yr	School	Seed Time
1 Bussey, Torrey	SR	Cary	2:05.21
2 Blalock, Cari	SR	New Hanover	2:07.65
3 Facchine, Emily	JR	Enloe	2:10.33
4 Smith, Meghan	SR	East Chapel Hill	2:10.76
5 Rubel, Amanda	SR	Hopewell	2:11.31
6 Pou, Sara Morgan	SO	Rose, J. H.	2:11.42
7 Godlewski, Jessica	JR	Apex	2:11.49
8 Giamber, Nicole	SO	Middle Creek	2:11.49
9 Molloy, Kiera	SO	Wakefield	2:11.61
10 Conway, Emily	SR	Hopewell	2:11.80
11 Duff, Emily	JR	Clayton	2:12.07
12 Raichle, Susie	JR	Providence	2:12.10
13 Gan, Sophie	SO	East Chapel Hill	2:12.58
14 Weber, Caroline	SO	Providence	2:12.58
15 Settlemeyer, Anne	FR	S Mecklenburg	2:14.77
16 Walker, Sarah	JR	Grimsley	2:15.37
17 Sayles, Katie	SO	Mount Tabor	2:15.86
18 Arnall, Kristen	SR	East Forsyth	2:16.62
19 Weber, Christina	SR	Providence	2:17.08
20 Kitchens, Ali	FR	Hopewell	2:17.25
21 Johnson, Sierra	SO	Lake Norman	2:17.77
22 Babcock, Meghan	JR	Reagan	2:18.09
23 Hein, Kate	JR	Riverside	2:18.89
24 Blackburn, Anna	JR	Reynolds, R. J.	2:20.83

Event 6 Men 200 Yard IM

State Record:	1:48.26	2009	Matt Houser (Rose, J. H.)
4A State Rec:	1:48.26	2009	Matt Houser (Rose, J. H.)
All-Am. Auto:	1:54.02		All-Am. Cons: 1:55.96

Name	Yr	School	Seed Time
1 Glavich, Dominick	JR	Green Hope	1:50.04
2 Heck, Logan	SO	Lake Norman	1:55.41
3 Darmody, Kip	JR	Providence	1:56.83
4 Nilsson, Andreas	SR	S Mecklenburg	1:57.07
5 Henry, Andrew	SO	West Johnston	1:57.66
6 Fleming, Tyler	SR	N Mecklenburg	1:59.16
7 Johns, Travis	FR	Laney	1:59.66
8 Weldon, Patrick	JR	Hoggard	1:59.87
9 Hoffer, Luke	SR	East Chapel Hill	2:00.36
10 Matysek, Jake	SR	N Mecklenburg	2:00.56
11 Stilley, Jake	JR	N Mecklenburg	2:00.67
12 Deforest, William	SO	Apex	2:00.94
13 Glenn, Kevin	SO	Providence	2:01.00
14 Cooper, Mitchell	FR	S Mecklenburg	2:01.03
15 Eiden, Alex	SO	Wakefield	2:01.04
16 Chavez, Jose	SO	Green Hope	2:01.23
17 Jackson, Trey	SR	Enloe	2:03.40
18 Hoffman, Connor	FR	North Durham	2:04.07
19 Dyer, Dustin	FR	Sanford, Terry	2:04.31
20 O'Donnell, Jeremiah	SO	East Chapel Hill	2:05.32
21 Vosburgh, Tom	SO	Jordan	2:07.00
22 Kovacs-Mile, Jovi	SR	Reynolds, R. J.	2:08.27
23 Skiba, Paul	SO	East Chapel Hill	2:08.45
24 Cole, Mitchell	SO	NW Guilford	2:08.97

Event 7 Women 50 Yard Freestyle

State Record:	23.08	2009	Lauren Perdue (Rose, J. H.)
4A State Rec:	23.08	2009	Lauren Perdue (Rose, J. H.)
All-Am. Auto:	23.81		All-Am. Cons: 24.12

Name	Yr	School	Seed Time
1 Benson, Sabrina	JR	Broughton	23.80
2 Zou, Lisa	FR	East Chapel Hill	24.49
3 Marshall, Alexandra	FR	Reagan	24.53
4 Burnette, Kaitlyn		Sanderson	24.58
5 Labonge, Natalie	FR	Grimsley	24.69
6 Diemer, Kristin	JR	NW Guilford	24.72
7 Powell, Haley	JR	Lake Norman	24.72
8 Larson, Nancy	JR	Mount Tabor	24.78
9 Fish, Ana	SO	Pincrest	24.82
10 Ray, Samantha	SO	Jordan	24.87
11 Bloomquist, Blair	SR	Grimsley	24.96
12 Horvath, Mallory	JR	Middle Creek	24.97
13 Nobles, Claire	SO	Green Hope	25.10
14 Mondelli, Gabby	SR	Mallard Creek	25.21
15 Poff, Kaitlyn	JR	N Mecklenburg	25.28
16 Jegier, Becky	JR	Providence	25.36
17 Martin, Cameron	SO	Holly Springs	25.39
18 Densmore, Mary Jessie	SO	Cary	25.41
19 Mahoney, Erin	SO	Green Hope	25.46
20 Lincoln, Hannah	SO	Leesville Road	25.50
21 Armanini, Anya	SO	S Mecklenburg	25.72
22 Yett, Brennan	SR	S Mecklenburg	25.76
23 Schrum, Payton	SO	N Mecklenburg	25.87
24 Carr, Chloe	JR	Myers Park	25.94

Event 8 Men 50 Yard Freestyle

State Record:	20.44	1990	Chris Compton (T.W. Andrews)
4A State Rec:	20.54	1989	Chris Mann (C.E. Jordan)
All-Am. Auto:	21.15		All-Am. Cons: 21.48

Name	Yr	School	Seed Time
1 Clayton-Luce, Ollie	JR	Sanderson	21.55
2 Hubbard, Sawyer	SR	Reagan	21.64
3 Darmody, Kyle	FR	Providence	21.65
4 Sloan, Anderson	SR	Providence	21.81
5 Gates, Percy	SO	Grimsley	21.93
6 Burton, Chad	SR	NW Guilford	22.03
7 Capets, Nick	SR	N Mecklenburg	22.10
8 Bowden, Dan	SR	Ardrey Kell	22.14
9 Kauffman, Evan	JR	Hoggard	22.16
10 Stephenson, Brady	SR	S Mecklenburg	22.18
11 Barfield, Chris	SR	Holly Springs	22.19
12 Tilque, Chris	JR	Mallard Creek	22.19
13 Wrist, Andrew	SR	Mallard Creek	22.21
14 Byers, Jesse	SR	East Forsyth	22.33
15 Gaertner, Drew	JR	Myers Park	22.35
16 Nabell, Rett	SO	Hoggard	22.47
17 Addison, Lee	SR	Enloe	22.72
18 Speight, Kevin	SR	Riverside	22.89
19 Oakes, Camden	JR	NW Guilford	22.90
20 Stancliff, Jay	JR	Reagan	22.93
21 Pruitt, Austin	JR	Millbrook	22.97
22 Cross, Neville	SR	Millbrook	23.00
23 Marshallsea, Jack	SR	Cary	23.03
24 Riley, Joseph	SO	Grimsley	23.14

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010
Psych Sheet

Event 9 Women 1 mtr Diving

State Record:	491.35	1996	Carrie Knoeber (Enloe)
4A State Rec:	491.35	1996	Carrie Knoeber (Enloe)
All-Am. Cons:	375.00	D.D. Opt. >= 13.0	

Name	Yr	School	Seed Time
1 Keeley, Madaline	SO	Providence	411.05
2 Menzies, Alison	JR	Reagan	403.65
3 Doolittle, Jessica	JR	Providence	398.40
4 Doran, Julie	SR	Holly Springs	394.30
5 Greene, Sarah	SR	Riverside	389.55
6 Taylor, Lindsey	SR	Myers Park	389.25
7 Armstrong, Lily	FR	W Guilford	341.15
8 Roueche, Alicia	FR	Grimsley	334.15
9 Fraboni, Katie	SR	Roberson, T. C.	310.90
10 Maalizadeh, Sara Madeli	SO	S Mecklenburg	309.75
11 Martin, Madeline	SO	Middle Creek	295.25
12 Kotowski, Kyle Lynn	SR	Lake Norman	278.80
13 Coleman, Kelin	FR	Myers Park	270.70
14 Franc, Desi	JR	Myers Park	268.85
15 Catotti, Leah	JR	Jordan	263.95
16 Krakow, Katie	SR	East Chapel Hill	244.70
17 Carroll, Elisa	SR	Rose, J. H.	236.80
18 Davis, Taylor	JR	Jordan	235.35
19 Jones, Maddie	SO	East Chapel Hill	235.10
20 McMahan, Michelle	JR	Enloe	215.25
21 Byrne, Lauren	SR	Athens Drive	203.30
22 Gallagher, Bridgett	SO	Wakefield	175.75
23 Gault, Becca	FR	Cary	157.30
24 Icenhour, Shannon	SO	Wakefield	142.65

Event 10 Men 1 mtr Diving

State Record:	637.30	2008	Nick McCroy(East Chapel Hill)
4A State Rec:	637.30	2008	Nick McCroy(East Chapel Hill)
All-Am. Cons:	375.00	D.D. Opt. >= 13.3	

Name	Yr	School	Seed Time
1 Hawkins, Ryan	SR	East Gaston	572.45
2 Retter, Charlie	SO	East Chapel Hill	460.60
3 Gourley, Sazzy	SO	Myers Park	338.95
4 Campoli, Brian	FR	Leesville Road	289.10
5 Lippard, Ross	SO	Reagan	282.80
6 Ogle, Joshua	JR	Independence	262.15
7 Hamilton, Kenny	JR	SE Raleigh	259.15
8 Kiley, Patrick	FR	East Chapel Hill	258.05
9 Cochran, Wesley	SO	East Chapel Hill	250.50
10 Cutler, Carl	JR	Riverside	245.10
11 Kufert, Steven	SO	Myers Park	231.55
12 Kinney, William	JR	Myers Park	222.00
13 O'Neill, Shea	SO	Myers Park	221.15
14 Boyer, Jackson	FR	Green Hope	209.40
15 Barfield, Austin	SR	Broughton	202.00
16 Zaterka, Alex	FR	Jordan	196.95
17 Gilbride, Connor	JR	Ardrey Kell	196.20
18 Emery, Andrew	JR	Providence	196.05
19 Darken, Michael	SO	East Chapel Hill	188.55
20 Haigh, Jamie	JR	Apex	181.80
21 Cappelletti, John	SR	Enloe	180.40
22 Burk, Bradley	JR	Green Hope	178.75
23 Sally, William	FR	Broughton	172.15

Event 11 Women 100 Yard Butterfly

State Record:	54.92	2009	Chelsea Howard (Riverside)
4A State Rec:	54.92	2009	Chelsea Howard (Riverside)
All-Am. Auto:	56.57	All-Am. Cons:	57.50

Name	Yr	School	Seed Time
1 Blalock, Cari	SR	New Hanover	56.89
2 Ratana, Anna	SR	Reynolds, R. J.	57.04
3 Howard, Chelsea	SR	Riverside	58.23
4 Gan, Zoe	JR	East Chapel Hill	58.33
5 Cooper, Lindsay	SO	N Mecklenburg	58.35
6 Garbarino, Krysta	SO	Leesville Road	58.63
7 Conway, Emily	SR	Hopewell	58.63
8 Pou, Sara Morgan	SO	Rose, J. H.	59.11
9 Smith, Meghan	SR	East Chapel Hill	59.26
10 Godlewski, Jessica	JR	Apex	59.30
11 Schrenker, Rebecca	SR	Providence	59.49
12 Facchine, Emily	JR	Enloe	59.53
13 Davis, Supriya	JR	East Chapel Hill	59.68
14 Burnette, Kaitlyn		Sanderson	59.91
15 Mondelli, Gabby	SR	Mallard Creek	1:00.02
16 Cooper, Casey	SR	Pincrest	1:00.71
17 O'Brien, Katie	FR	N Mecklenburg	1:00.72
18 Gunson, Christina	JR	Butler	1:00.88
19 Sumner, Suzanne	SO	Porter Ridge	1:01.02
20 Henry, Sarah	FR	Apex	1:01.64
21 Gearhart, Allie	SO	S Mecklenburg	1:01.75
22 Johns, Kelsie	JR	Laney	1:01.86
23 Sayles, Katie	SO	Mount Tabor	1:02.75
24 Labonge, Natalie	FR	Grimsley	1:03.08

Event 12 Men 100 Yard Butterfly

State Record:	47.33	2006	Ricky Berens (S Mecklenburg)
4A State Rec:	47.33	2006	Ricky Berens (S Mecklenburg)
All-Am. Auto:	50.80	All-Am. Cons:	51.72

Name	Yr	School	Seed Time
1 McKenzie, Adam	SR	Riverside	50.73
2 Heck, Logan	SO	Lake Norman	51.59
3 Wrist, Andrew	SR	Mallard Creek	52.96
4 Nilsson, Andreas	SR	S Mecklenburg	53.06
5 Baucom, Tyler	SR	Butler	53.09
6 Ruhm, William	SR	Grimsley	53.23
7 Williams, David	JR	East Chapel Hill	53.28
8 Rogers, Kevin	JR	Broughton	53.45
9 Sowers, Zack	SO	Cary	53.51
10 Mason, Christian	JR	Sanderson	53.60
11 Stephenson, Brady	SR	S Mecklenburg	53.99
12 Dias, Christian	SR	Hoggard	54.21
13 Wohlrab, Kurt	SO	Pincrest	54.27
14 Labonge, Alex	JR	Grimsley	54.36
15 Ward, Lee	JR	Hopewell	54.55
16 Corcoran, Sean	SO	N Mecklenburg	54.68
17 Chavez, Jose	SO	Green Hope	54.85
18 Lingafelt, Luke	JR	Enloe	55.04
19 Blackwell, Dylan	SO	New Hanover	55.13
20 Sang, Joseph	SR	Rose, J. H.	55.54
21 Hagwood, AJ	SR	Butler	55.59
22 McDonald, Scott	SR	North Durham	55.71
23 Oakes, Camden	JR	NW Guilford	55.92
24 Vosburgh, Tom	SO	Jordan	56.43

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010

Psych Sheet

Event 13 Women 100 Yard Freestyle

State Record:	49.80	2009	Lauren Perdue (Rose, J. H.)
4A State Rec:	49.80	2009	Lauren Perdue (Rose, J. H.)
All-Am. Auto:	51.62		All-Am. Cons: 52.39

Name	Yr	School	Seed Time
1 Stenkvist, Henriette	SO	Panther Creek	52.02
2 Marinshaw, Dania	SR	East Chapel Hill	53.80
3 Ray, Samantha	SO	Jordan	53.84
4 Isetts, Heather	SO	Lake Norman	53.86
5 Nobles, Claire	SO	Green Hope	53.98
6 Larson, Nancy	JR	Mount Tabor	53.98
7 Woody, Julie	SO	Enloe	54.00
8 Marshall, Alexandra	FR	Reagan	54.09
9 Diemer, Kristin	JR	NW Guilford	54.13
10 Liu, Claire	FR	Panther Creek	54.15
11 Evans, Olivia	JR	Butler	54.25
12 Bloomquist, Blair	SR	Grimsley	54.41
13 Fish, Ana	SO	Pincrest	54.59
14 Hardy, Meredith	SR	Athens Drive	54.96
15 Kleu, Kasey	SO	Green Hope	55.07
16 Gunson, Christina	JR	Butler	55.25
17 Horvath, Mallory	JR	Middle Creek	55.30
18 Sanborn, Molly	SO	N Mecklenburg	55.33
19 Martinez, Marisa	FR	Apex	55.66
20 Jegier, Becky	JR	Providence	55.66
21 Welsh, Landon	SO	Providence	56.10
22 Poff, Kaitlyn	JR	N Mecklenburg	56.24
23 Bostian, Caroline	SR	Reagan	56.52
24 Weaver, Haley	JR	S Mecklenburg	56.61

Event 14 Men 100 Yard Freestyle

State Record:	45.09	2006	Matt Donch (Knightdale)
4A State Rec:	45.09	2006	Matt Donch (Knightdale)
All-Am. Auto:	46.35		All-Am. Cons: 46.98

Name	Yr	School	Seed Time
1 Taylor, Matt	SR	Sanderson	47.25
2 Clayton-Luce, Ollie	JR	Sanderson	47.60
3 Hubbard, Sawyer	SR	Reagan	47.68
4 Burton, Chad	SR	NW Guilford	47.88
5 Gates, Percy	SO	Grimsley	48.13
6 Darmody, Kyle	FR	Providence	48.23
7 Berens, Tim	SR	S Mecklenburg	48.60
8 Capets, Nick	SR	N Mecklenburg	48.79
9 Gurel, Deniz	SR	Cary	48.98
10 Bowden, Dan	SR	Ardrey Kell	49.06
11 Healy, Tommy	JR	Reynolds, R. J.	49.14
12 Kauffman, Evan	JR	Hoggard	49.45
13 Barfield, Chris	SR	Holly Springs	49.74
14 Wheeler, Reed	SO	Lake Norman	49.75
15 Stancliff, Jay	JR	Reagan	49.78
16 DeBerry, Ryan	SO	Reynolds, A. C.	49.79
17 Tilque, Chris	JR	Mallard Creek	49.80
18 Barnes, David	JR	Clayton	50.06
19 Hurley, Matthew	SO	Leesville Road	50.18
20 Brunk, Joe	SO	Enloe	50.18
21 Speight, Kevin	SR	Riverside	50.44
22 Graham, Brian	SO	N Mecklenburg	50.56
23 Byers, Jesse	SR	East Forsyth	50.76
24 Milleson, Nathan	JR	Davie County	51.02

Event 15 Women 500 Yard Freestyle

State Record:	4:48.23	1999	Cara Lane (Providence)
4A State Rec:	4:48.23	1999	Cara Lane (Providence)
All-Am. Auto:	4:57.24		All-Am. Cons: 5:02.19

Name	Yr	School	Seed Time
1 Henry, Sarah	SR	West Johnston	4:51.55
2 Mitchell, Victoria	JR	Cary	4:57.25
3 Molloy, Kiera	SO	Wakefield	5:05.53
4 Gordy, Lillian	JR	Reagan	5:06.81
5 Tronolone, Nicole	SO	Sanford, Terry	5:07.62
6 Moore, Kelsey	FR	Broughton	5:07.99
7 Vance, Abby	SR	Leesville Road	5:09.41
8 Stahmer, Hannah	FR	Millbrook	5:09.81
9 Frith, Ashley	JR	Myers Park	5:10.26
10 Connors, Kristin	SO	Panther Creek	5:10.52
11 Holbrook, Morgan	FR	Lake Norman	5:14.52
12 VanTassel, Paige	SR	Myers Park	5:16.50
13 Bullock, Anna Blair	JR	Reynolds, R. J.	5:17.17
14 Textor, Brennan	SO	Athens Drive	5:18.17
15 York, Michelle	JR	East Chapel Hill	5:18.43
16 Loydpierson, Amelia	FR	S Mecklenburg	5:24.43
17 Santoli, Alex	JR	N Mecklenburg	5:24.90
18 Cox, Courtney	SR	Providence	5:24.94
19 Babcock, Meghan	JR	Reagan	5:27.84
20 Aprile, Lauren	JR	N Mecklenburg	5:29.19
21 Neil, Caroline	FR	Reagan	5:30.35
22 Hein, Kate	JR	Riverside	5:30.43
23 Kenny, Laura	SO	NW Guilford	5:31.41
24 Turner, Becky	SO	S Mecklenburg	5:34.17

Event 16 Men 500 Yard Freestyle

State Record:	4:25.52	2006	Charlie Houchin (Enloe)
4A State Rec:	4:25.52	2006	Charlie Houchin (Enloe)
All-Am. Auto:	4:35.51		All-Am. Cons: 4:39.82

Name	Yr	School	Seed Time
1 Boston, Brett	SR	Butler	4:35.54
2 Stilley, John	SR	N Mecklenburg	4:40.47
3 Knop, Walker	SR	S Mecklenburg	4:40.74
4 Miller, Ben	SO	Middle Creek	4:41.36
5 Henry, Andrew	SO	West Johnston	4:41.49
6 Snyder, Austin	SO	Providence	4:47.96
7 Manchester, Jack	FR	N Mecklenburg	4:48.41
8 Jones, Christian	SR	West Forsyth	4:50.15
9 Newland, Matthew	JR	Cary	4:51.07
10 Blinn, Michael	JR	Lake Norman	4:53.33
11 Cade, Ryan	FR	Green Hope	4:53.82
12 Crowder, Macon	SO	East Wake	4:54.72
13 Parker, Austin	FR	Enloe	4:54.78
14 Coetzer, Stephen	JR	Laney	4:55.47
15 Craig, David	FR	Millbrook	4:55.81
16 Creidler, Nick	SR	North Durham	4:56.19
17 Healy, Chris	FR	Reynolds, R. J.	4:56.33
18 Dyer, Dustin	FR	Sanford, Terry	4:56.60
19 Glenn, Kevin	SO	Providence	4:57.97
20 Chance, Cole	JR	Ardrey Kell	4:58.80
21 Adams, Taylor	SR	East Forsyth	5:08.08
22 Howes, Max	FR	East Chapel Hill	5:09.24
23 O'Donnell, Jeremiah	SO	East Chapel Hill	5:09.57
24 Bacon, Isaac	SR	Jordan	5:12.56

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010
Psych Sheet

Event 17 Women 200 Yard Freestyle Relay

State Record: 1:37.53 2006	Cardinal Gibbons
4A State Rec: 1:37.57 2008	Providence
All-Am. Auto: 1:38.14	All-Am. Cons: 1:39.64

Team	Relay	Seed Time
1	East Chapel Hill	1:40.04
2	Cary	1:40.20
3	Reagan	1:41.48
4	New Hanover	1:41.68
5	Hopewell	1:42.31
6	Holly Springs	1:42.39
7	Lake Norman	1:42.40
8	Panther Creek	1:42.55
9	Grimsley	1:42.96
10	NW Guilford	1:43.01
11	Leesville Road	1:43.11
12	Sanderson	1:43.47
13	Pincrest	1:43.84
14	Providence	1:43.88
15	Enloe	1:43.97
16	Mount Tabor	1:44.12
17	Myers Park	1:44.35
18	Athens Drive	1:44.58
19	N Mecklenburg	1:45.37
20	S Mecklenburg	1:45.41
21	Ardrey Kell	1:46.18
22	West Forsyth	1:46.96
23	Riverside	1:48.01
24	Mallard Creek	1:48.77

Event 18 Men 200 Yard Freestyle Relay

State Record: 1:25.80 2006	Enloe
4A State Rec: 1:25.80 2006	Enloe
All-Am. Auto: 1:26.92	All-Am. Cons: 1:28.29

Team	Relay	Seed Time
1	Providence	1:26.65
2	N Mecklenburg	1:28.33
3	Lake Norman	1:28.45
4	Hoggard	1:28.75
5	Sanderson	1:28.98
6	Grimsley	1:29.99
7	Ardrey Kell	1:30.64
8	Cary	1:30.93
9	Enloe	1:31.40
10	Reagan	1:31.53
11	Mallard Creek	1:31.64
12	NW Guilford	1:32.37
13	S Mecklenburg	1:32.64
14	Reynolds, R. J.	1:32.87
15	Hopewell	1:32.90
16	West Forsyth	1:33.60
17	Myers Park	1:33.77
18	East Chapel Hill	1:34.18
19	East Forsyth	1:34.22
20	Millbrook	1:35.34
21	Page	1:35.35
22	Athens Drive	1:35.46
23	Middle Creek	1:35.85
24	Rose, J. H.	1:36.11

Event 19 Women 100 Yard Backstroke

State Record: 54.95 2009	Carly Smith (Chapel Hill)
4A State Rec: 54.95 2009	Carly Smith (Chapel Hill)
All-Am. Auto: 57.29	All-Am. Cons: 58.43

Name	Yr	School	Seed Time
1	Stenkvis, Henriette	SO Panther Creek	55.86
2	Benson, Sabrina	JR Broughton	56.41
3	Cooper, Casey	SR Pincrest	59.11
4	Ratana, Anna	SR Reynolds, R. J.	59.23
5	Stephenson, Hannah	JR Leesville Road	59.31
6	Tschoke, Victoria	FR Apex	59.48
7	Kitchens, Ali	FR Hopewell	59.49
8	Liu, Claire	FR Panther Creek	59.69
9	Carlisle, Caroline	JR Middle Creek	59.81
10	Duff, Emily	JR Clayton	1:00.00
11	Cooper, Linsay	SO N Mecklenburg	1:00.11
12	Smith, Lillie	FR Athens Drive	1:00.25
13	Arnall, Kristen	SR East Forsyth	1:00.28
14	Howard, Chelsea	SR Riverside	1:00.78
15	Bostian, Caroline	SR Reagan	1:02.09
16	Davis, Supriya	JR East Chapel Hill	1:02.15
17	Massengale, Jenna	SO SW Guilford	1:02.24
18	Harris, Natalie	SO Grimsley	1:02.55
19	Fang, Linda	FR Ardrey Kell	1:02.92
20	Henricks, Abi	FR Ardrey Kell	1:03.44
21	Weber, Christina	SR Providence	1:03.45
22	Teague, Samantha	FR Ardrey Kell	1:04.04
23	Rubel, Emma	FR Hopewell	1:04.48
24	Blake, Alyssa	SO Myers Park	1:04.60

Event 20 Men 100 Yard Backstroke

State Record: 48.78 2006	Eugen Godsoe (SE Guilford)
4A State Rec: 49.29 2009	Kip Darmody (Providence)
All-Am. Auto: 51.92	All-Am. Cons: 52.90

Name	Yr	School	Seed Time
1	Ramsay, George	SR Enloe	51.87
2	Darmody, Kip	JR Providence	52.06
3	Brogden, Harrison	JR W Guilford	52.24
4	Hill, Tyler	JR Lake Norman	52.37
5	Johns, Travis	FR Laney	52.92
6	Wheeler, Reed	SO Lake Norman	53.19
7	Rogers, Kevin	JR Broughton	53.55
8	Mendelson, Willie	SR Grimsley	53.61
9	Love, Dillon	JR Mallard Creek	53.86
10	DeBerry, Ryan	SO Reynolds, A. C.	54.22
11	Eiden, Alex	SO Wakefield	54.27
12	Deforest, William	SO Apex	54.51
13	Jones, Christian	SR West Forsyth	54.59
14	Cromer, Jackson	SO S Mecklenburg	54.61
15	McKenzie, Adam	SR Riverside	55.09
16	Weldon, Patrick	JR Hoggard	55.25
17	Corcoran, Sean	SO N Mecklenburg	55.36
18	Webster, Garrett	JR Providence	55.41
19	Blevins, Connor	SO Leesville Road	55.61
20	Rill, Paul	SO Millbrook	55.70
21	Riley, Joseph	SO Grimsley	56.34
22	Hudgins, Heath	SR East Chapel Hill	56.77
23	James, Colin	JR Ragsdale	57.92
24	Smith, Micah	JR West Forsyth	58.51

4A State Swimming And Diving Championships - 2/10/2010 to 2/11/2010
Psych Sheet

Event 21 Women 100 Yard Breaststroke

State Record:	1:02.81	2009	Torrey Bussey (Cary)
4A State Rec:	1:02.81	2009	Torrey Bussey (Cary)
All-Am. Auto:	1:05.03	All-Am. Cons:	1:06.28

Name	Yr	School	Seed Time
1 Bussey, Torrey	SR	Cary	1:04.88
2 Houchin, Abby	SR	Enloe	1:06.87
3 Gan, Zoe	JR	East Chapel Hill	1:06.87
4 Raichle, Susie	JR	Providence	1:07.66
5 Huther, Alicia	SR	Apex	1:07.82
6 Varnell, Laurel	SR	West Forsyth	1:07.86
7 Giamber, Nicole	SO	Middle Creek	1:07.97
8 Pena, Tessa	JR	Middle Creek	1:07.98
9 Rubel, Amanda	SR	Hopewell	1:08.40
10 Settlemeyer, Anne	FR	S Mecklenburg	1:08.86
11 Steagall, Lauren	SO	Green Hope	1:08.94
12 Gan, Sophie	SO	East Chapel Hill	1:08.95
13 Weber, Caroline	SO	Providence	1:09.04
14 Tomlinson, Hayley	SO	Apex	1:09.24
15 Carr, Chloe	JR	Myers Park	1:09.30
16 Neil, Caroline	FR	Reagan	1:09.51
17 Schrum, Payton	SO	N Mecklenburg	1:09.57
18 Johnson, Sierra	SO	Lake Norman	1:09.89
19 Whittemore, Rachael	SR	McDowell	1:09.99
20 Gentry, Rachel	JR	Grimsley	1:10.48
21 Newton, Helen	SR	East Chapel Hill	1:10.76
22 Witzke, Maddie	FR	Holly Springs	1:10.83
23 Benson, Palmer	SO	Davie County	1:10.95
24 Thorne, Susannah	FR	Reagan	1:11.96

Event 22 Men 100 Yard Breaststroke

State Record:	57.10	1992	Ian Johnson (S Mecklenburg)
4A State Rec:	57.10	1992	Ian Johnson (S Mecklenburg)
All-Am. Auto:	58.40	All-Am. Cons:	59.40

Name	Yr	School	Seed Time
1 Glavich, Dominick	JR	Green Hope	57.06
2 Sloan, Anderson	SR	Providence	58.75
3 Hoffer, Luke	SR	East Chapel Hill	59.93
4 Matysek, Jake	SR	N Mecklenburg	1:00.14
5 Connor, Seth	JR	Green Hope	1:00.20
6 Fleming, Tyler	SR	N Mecklenburg	1:00.23
7 Knop, Walker	SR	S Mecklenburg	1:00.65
8 Wohlrab, Kurt	SO	Pinecrest	1:00.94
9 Dozier, Daniel	SO	Sanderson	1:01.45
10 D'Alessio, Patrick	SO	Athens Drive	1:01.87
11 Cade, Ryan	FR	Green Hope	1:01.88
12 Brunk, Joe	SO	Enloe	1:02.14
13 Lindholm, Kyle	SR	S Mecklenburg	1:02.33
14 Porter, Chuck	SR	Providence	1:02.52
15 Jackson, Trey	SR	Enloe	1:02.65
16 Stille, Jake	JR	N Mecklenburg	1:02.82
17 House, Garrett	FR	Jordan	1:02.99
18 Lee, Matthew	JR	East Chapel Hill	1:03.58
19 Barefoot, Eric	SO	Reynolds, R. J.	1:03.72
20 Barnes, David	JR	Clayton	1:03.77
21 Cole, Mitchell	SO	NW Guilford	1:04.15
22 Seo, Peter	JR	Providence	1:04.46
23 Skiba, Paul	SO	East Chapel Hill	1:04.84
24 Scott, John	SR	West Forsyth	1:05.33

Event 23 Women 400 Yard Freestyle Relay

State Record:	3:31.35	2007	Providence
4A State Rec:	3:31.35	2007	Providence
All-Am. Auto:	3:33.40	All-Am. Cons:	3:36.76

Team	Relay	Seed Time
1 Panther Creek		3:35.38
2 Middle Creek		3:38.36
3 East Chapel Hill		3:38.46
4 N Mecklenburg		3:38.83
5 Lake Norman		3:41.02
6 Apex		3:41.98
7 Reagan		3:42.34
8 Green Hope		3:42.70
9 Broughton		3:44.46
10 Enloe		3:44.51
11 Athens Drive		3:44.59
12 Butler		3:44.96
13 Grimsley		3:45.55
14 S Mecklenburg		3:45.78
15 Reynolds, R. J.		3:46.42
16 Providence		3:47.54
17 Cary		3:47.95
18 Ardrey Kell		3:48.00
19 NW Guilford		3:55.00
20 Jordan		3:55.51
21 Hopewell		3:56.72
22 Davie County		3:57.20
23 North Davidson		3:59.95
24 Mallard Creek		4:01.48

Event 24 Men 400 Yard Freestyle Relay

State Record:	3:06.77	2006	Enloe
4A State Rec:	3:06.77	2006	Enloe
All-Am. Auto:	3:11.32	All-Am. Cons:	3:13.93

Team	Relay	Seed Time
1 S Mecklenburg		3:13.22
2 Green Hope		3:13.89
3 Lake Norman		3:13.92
4 Cary		3:17.31
5 Grimsley		3:17.96
6 Enloe		3:18.28
7 N Mecklenburg		3:19.70
8 East Chapel Hill		3:19.91
9 Hoggard		3:20.69
10 Butler		3:22.24
11 Ardrey Kell		3:22.68
12 Mallard Creek		3:24.41
13 Millbrook		3:24.87
14 Providence		3:24.90
15 Laney		3:25.08
16 Riverside		3:26.03
17 Reagan		3:26.32
18 Reynolds, R. J.		3:26.46
19 Leesville Road		3:27.53
20 East Forsyth		3:28.43
21 Hopewell		3:28.46
22 Panther Creek		3:29.63
23 Ragsdale		3:30.17
24 North Durham		3:32.07